

# Do you know the side effects?

Painkillers could be the reason you don't feel yourself. Are you:



Getting headaches regularly?



Struggling to concentrate?



Often confused or forgetful?



Struggling to go to the toilet (constipation)?



Always tired and struggle to get up in the morning?



Often feeling nauseous?



Watching the clock for your next tablet?



Feeling low? Do you think painkillers are affecting your mood?

Take control of your treatment. It all starts with a conversation.

**Speak to your GP practice.**



Scan the QR code for more information or visit: [staffsstoke.icb.nhs.uk/doyouknowthesideeffects](https://staffsstoke.icb.nhs.uk/doyouknowthesideeffects)