


# Routine immunisations for adults

 Certain groups of people may be eligible for other vaccinations depending on their individual status, for example pregnant women, care home residents, carers, people who are immunosuppressed or have other certain long-term health conditions. Certain groups of people will be offered Covid-19 boosters during the year. Check eligibility at [www.nhs.uk/conditions/vaccinations/](http://www.nhs.uk/conditions/vaccinations/)



## Pneumococcal vaccine

**Ages 65 and over (one dose).**

### Diseases protected against:

The pneumococcal vaccine helps protect against serious illnesses like **pneumonia**, **sepsis** and **meningitis**.

It can also help protect against other illnesses such as **sinusitis** and **ear infections**.



## Shingles vaccine

**Ages 70 to 79 (or people aged 50 and over with a severely weakened immune system).**

**From 1 September 2023, you can be eligible for the shingles vaccine when you turn 65.** If you turned 65 before 1 September 2023, you'll be eligible for the shingles vaccine when you turn 70.

### Diseases protected against:

The shingles vaccine helps protect against **shingles**. Shingles is a common condition that causes a painful rash. It can sometimes lead to serious problems such as long-lasting pain, hearing loss or blindness.



## Flu vaccine

**Aged 65 years and over (given every year after turning 65 during flu season).**

### Diseases protected against:

The flu vaccine helps protect against **flu**, which can be a serious or life-threatening illness.

It's offered every year to people at higher risk of getting seriously ill from flu.



## RSV (Respiratory syncytial virus)

**Ages 75 to 79 years (one dose).**

### Diseases protected against:

Protection against RSV – a common respiratory virus that causes coughs and cold-like symptoms.

RSV can be more serious for older adults and lead to illnesses such as **pneumonia** and **bronchiolitis**.