



Connections Hub

Services

Updated: November 2025

Weekly timetable

Day	Start	Finish	Activity	Location	Notes
Monday	9am	3pm	Fitness day One hour of gym One hour of swimming Also - walks & games	Uttoxeter Leisure Center	Additional costs - Gym (£3.80) Swim (£2.40) - £6.20
Tuesday	9am	3pm	Cooking menu planning, food shopping, cooking, budgeting, money skills, eating what you have cooked.	Uttoxeter	
Wednesday	9am	3pm	Fishing Full day fishing - Summer / Spring crafts, cooking, games - Winter / Autumn	Fishing lakes Tittensor village hall	Additional costs - Fishing licence £24 a year - £8 per day (only when we go fishing)
Thursday	9am	3pm	Variety of activities open to guests cafes, photography, cooking, BBQ's, cinema, trips out, I.T skills, Crafts, (see Thursday timetable)	Tittensor Village hall	Occasionally additional costs, will be placed on timetable
Friday	Various (see Friday Calendar)		Trips out Various trips out, with different start and finish times (see Friday timetable)	Various	

Monday

- 9am - 3pm
- Activities: Main focus on Gym & Swimming
- Daily charge: To be discussed (Provide own packed lunch)
- Additional costs: Gym -£3.80, Swimming £2.40

Tuesday

- 9am - 3pm
- Main focus is cooking our lunch (main and dessert), food shopping, budgeting, menu planning, healthy eating, trying new foods
- Daily charge: To be discussed

Wednesday

- 9am - 3pm
- **Activities:** Full day fishing in the Summer & Spring, Winter & Autumn at Tittensor village hall doing a variety of social games / cooking
- **Daily charge: To be discussed** (Provide own packed lunch for Fishing / We will provide lunch & drinks when at the hall)
- **Additional costs:** Fishing licence £24 yearly fee + £8 per day for fishing during the spring/ summer (approximately 20 weeks) Occasionally bowling fee if bad weather

Thursday

- 9am - 3pm
- Activities: The activities are chosen by our hub members. Some of the activities we have done: Photography, Walks, Picnics, Baking, Sports, IT, 3D Printing, Crafts, Cook Off, Meals Out, BBQ's, Town visits, Cooking, Bistros for guests
- Daily charge: To be discussed
- Lunch and drinks (tea, coffee, juice) included in the price. On Thursdays we do more cooking as part of our curriculum. We cook more substantial lunches so we can work on our skills. We plan our lunches when we plan the activities. Some of the lunches we have cooked so far include: Chicken Pie, Fajitas, Pasta, Casseroles, Sushi, Burgers, 3 course meals, Noodle bar, Ratatouille Tart, Afternoon Tea, BBQ's and more
- Additional costs: Occasional meals out (we will let you know in advance on the timetable)

Thursday timetable



Date	Activity	Lunch	Notes
12th January	Closed		
19th January	Planning Cook a nice lunch and plan fun activities for the next term	Mushroom soup	
26th January	Coffee and Baking Using a professional coffee machine to make some coffees (or hot chocolates) Bake a Victoria sponge	Chow main	
2nd February	Craft Day Get creative with 3D printing and craft activities	Healthy tuna Burger	
9th February	Valentines biscuits Make and design some valentines biscuits	Sausage casserole	
16th February	Swimming Enjoy a public swim in the pool	Healthy Breakfast	£2.25 - Swim trunks and towel
23rd February	Pancake Day Make some amazing pancakes from scratch with a choice of different toppings	Cauliflower soup	
2nd March	Cook off "Chicken Dish" 2 teams battle it out to make the best chicken dish... who will win??	Chicken Dish	

Date	Activity	Lunch	Notes
9th March	I.T - Cooking book Get creative and start on a Connections Hub cook book	Chicken Pie	
16th March	Woodland Walk Get your walking boots on and enjoy a walk through the Kings woods	Healthy pizza	Good walking shoes, waterproof coat
23rd March	Swimming Enjoy a public swim in the pool	Ratatouille Tart	£2.25 - Swim trunks and towel
30th March	Cook off "Pasta Dish" 2 teams battle it out to make the best Pasta dish... who will win??	Pasta	
6th April	Sports in the park Play a variety of games in the park	Toasties	
13th April	End of term meal Enjoy the last day with a nice meal out	Meal out	Please bring £12 for a meal out
20th April	*Closed*		
27th April	*Closed*		
4th May	Planning Cook a nice lunch and plan fun activities for the next term	Posh Pitta's	

Thursday timetable



Date	Activity	Lunch
11th May	Kings Coronation Afternoon tea Celebrate the kings coronation with some homemade scones	Posh Sandwiches
18th May	Photography Day & Homemade soup Enjoy a nice walk and take some photos using a professional camera	Homemade soup
25th May	Swimming Enjoy a public swim in the pool Please bring £2.25 for Swimming	Fajitas
1st June	World Milk Day Visit a local farm to collect fresh milk and make fresh milkshakes	Mac n Cheese & Milkshakes
8th June	BBQ Chefs hats on for a nice BBQ, shopping, preparing and cooking the BBQ	BBQ
15th June	World Sushi Day Learn to make a variety of sushi to celebrate world sushi day on 18th June	Sushi
22nd June	Cruise Sail away party & Cocktails Enjoy making some cocktails and having a party	Make your own Pizza's
29th June	*Closed*	

Date	Activity	Lunch
6th July	Ultimate burger Join the Americans celebrating 4th July by shopping, preparing and cooking the ultimate burgers	Burgers
13th July	Chocolate Heaven Enjoy world Chocolate day by creating some indulgent chocolate desserts Please bring 1 chocolate bar for a blind chocolate tasting	Jacket Potatos
20th July	Bake off Cakes for Fridays BBQ Bake some cakes ready for the BBQ on Friday	Healthy Salads
27th July	Crown Green Bowls Play a fun few games of crown green bowls	Mushroom Pasta
3rd August	Walk around Cannock Chase Enjoy the countryside with a nice walk	Picnic
10th August	Walking tour of Lichfield See the sights of Lichfield Please bring £6 for a coffee and cake out	Lunch out
17th August	Cinema Day Watch the latests movies with popcorn	Chicken Chow mein
24th August	End of term meal Enjoy the last day with a nice meal out Please bring £12 for a meal out	Meal out

Friday

- Group trips out. Some of the trips we did so far include: Harry Potter at Warner Bros Studios, National Space Centre, Go-Karting, iFly Indoor Skydive, Crufts, Pub crawls, Stadium tours, Mamma Mia show, Dudley Zoo, Micheal Jackson tribute, Comic Con and more..
- Various duration from 4 to 15 hours a day
- Various starting times, day and evening trips, 2-3 months timetable sent in advance
- Price: Set price per Friday and includes care at a group rate (1:1 care can not be provided, group rate only), Included is transport from Stone and back, tickets, food and drinks
- Connections Hub WhatsApp group available for updates and photos
- Additional costs: No additional costs unless client wants to buy any souvenirs on trips

Friday timetable

Date	Time Depart	Time Return	All Food included	Trip	What to bring
2nd August	3pm	8pm	Pub meal (Eating Approx 4pm)	Pub crawl Enjoy drinks and social time on a pub crawl around stone	What to wear: going out clothes & lanyard
9th August	9am	4pm	Fast Food (Eating Approx 1pm)	Titanic Exhibition -Birmingham NEC Experience the story of the Titanic as you've never before. Trace its journey from the Harland and Wolff Shipyard in Belfast, through its fateful voyage and sinking, to its rediscovery at the bottom of the Atlantic and the legacy it leaves today.	What to wear: Orange
16th August	4:30pm	11pm	Fast food (Eating Approx 5:30pm)	Michael Jackson Tribute A amazing tribute to the king of pop in a covered outdoor amphitheater.	Ear defenders Snacks & Bottled Drinks What to wear: smart clothes or dress up, warm as show is outdoors but covered
23rd August	10am	3pm	Pub meal (Eating Approx 12pm)	Golf Lesson Professional coaching	What to wear: Orange
30th August	3:30pm	10/11pm	Healthy picnic (Eating Approx 5pm)	Warwick castle - Dragon Slayer Show The unmissable evening spectacular will bring daring new equestrian stunt work, theatrical projection-mapping, and live-action to life as it retells the tale of Guy of Warwick's heroic quest to battle the Danish Giant and the ferocious Dragon. Set within the Central Courtyard, the 360-degree tiered, seating arena will put you in the centre of the thrilling action.	Bottled drinks This is an outdoor event-please put layers on and bring a coat What to wear: Orange

Friday timetable



Date	Time Depart	Time Return	All Food included	Trip	What to bring
3rd May	11am	4pm	Salads & Sandwiches (Eating Approx 12pm)	Rage Room Release some stress and smash up some house hold items such as tv, plates, guitars etc...	Overalls, gloves, goggles will be provided What to wear: Clothes & shoes you don't mind getting dirty and covered shoes
10th May	9am	3pm	Picnic on the airfield (Eating Approx 12pm)	Helicopter flight over Nottingham Up up & away... take to the skies and enjoy a helicopter ride	Ear defenders. What to wear: Orange, Suitable shoes for entering and exiting the helicopter.
17th May	9am	3pm	Sandwiches (Eating Approx 12pm)	iFly The opportunity to have 2 indoor sky dives	Shoes with laces Have a big breakfast as we will be having lunch later than normal. £10 - cost for your flight video, certificate (optional) Please sign the waver form What to wear: Orange and Comfortable clothes to wear under your skydive suit
24th May	9am	2pm	Posh-nic (Eating Approx 12pm)	Sports Day Play a variety of sports in the park: football, cricket, hockey, bowling, boxing and more	Good shoes What to wear: Orange
31st May	9am	3pm	Packed lunch (Eating Approx 12pm)	Fishing with Ken Rods at the ready....enjoy a day's fishing. Who's going to catch the big one?	Coat What to wear: Orange

Zoom

Every Thursday - 6pm Personalised Bingo (we have 25 different bingo games we can play)

- Zoom sessions last between 1- 1.5 hours
- Price: £10 per session, per person
- Ad hoc service that you pay for as many as you join
- Log in from home on your own computer

Zoom



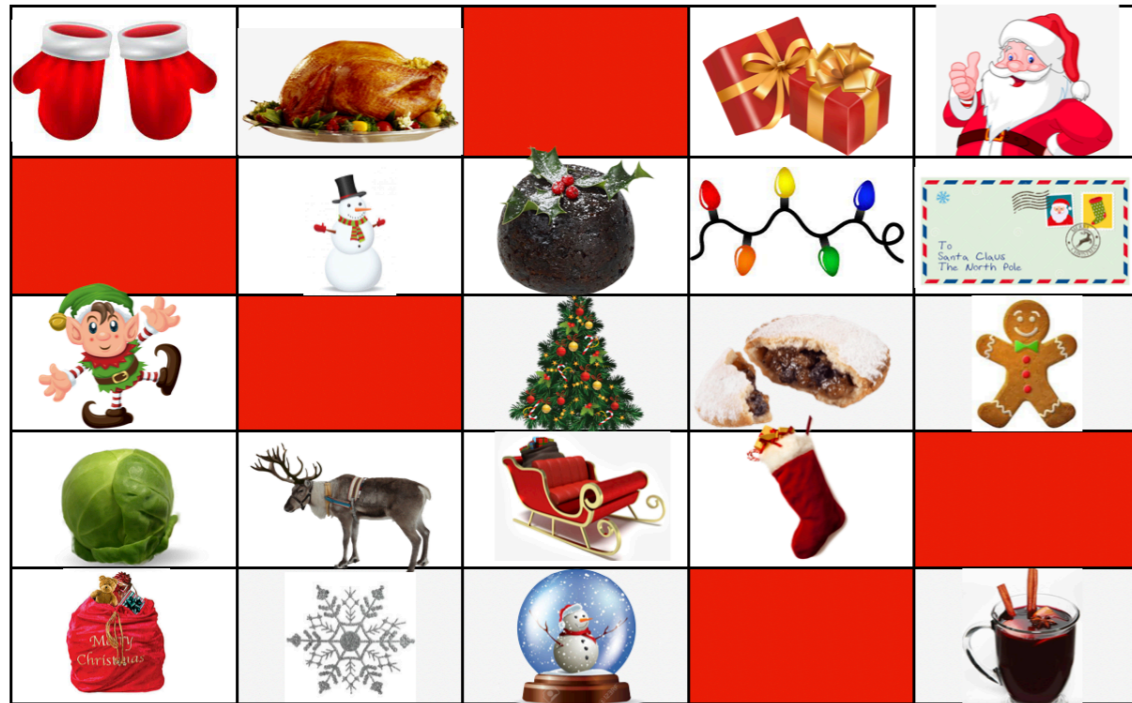
Harry Potter BINGO



Nosie Bingo



Christmas BINGO



Trip's BINGO



Respite

- 1 night to 14 nights respite (depends on individual needs and availability)
- Price: To be discussed on individual basis
- Food and drinks included
- Transport charged at £0.45 per mile

Holidays

- We organise several holidays each year. Our holidays include: Center Parcs, Cruises, Disney World Florida, Las Vegas and more. Ranging from 3 to 17 nights depending on trip.
- Price: We send pricing together with a detailed holiday information, all holiday prices will include all food, travel & accommodation
- Additional cost: Spending money, travel insurance
- Holidays are ONLY offered to our regular Hub members - we do not provide holidays on a Ad-Hoc basis to external clients.



Additional services

- Personal Assistance (PA) available on request depending on availability
- Additional trips out on weekends and evenings

Other Information



- Our day services (Monday to Friday) are on a contractual basis.
- We are open 46 weeks a year (charged for 52 weeks a year)
- We have a Connections Hub uniform (this is optional)
- All our prices are reviewed every April
- Family owned and run business



Check us out

- Please check out our Facebook page for daily updates

<https://www.facebook.com/connectionsclub1>

- See our Website

<https://connectionsclub.co.uk/>

Please get in touch if you would like more information:

Joshua Nixon (Director) - 07879064432 - josh@connectionsclub.co.uk

Paula Nixon (Director) - 07585973794 - paula@connectionsclub.co.uk