

Dynamic Support Database (DSD) Clinical Support Tool

Appendix 1 – Children and Young People Appendix 2 - Adult

It is required that lead professionals complete the DSD Clinical Support Tool each time the person's risk/needs change as this will keep the Register up to date ('Dynamic'). It is recommended that all adults, children and young people who are open to the community learning disability teams are assessed, using the DSD Clinical Support Tool in order to facilitate the decision to include onto the Dynamic Support Register. The context of risk for the DSR is specifically Risk of Admission.

RAG rating

Completing the DSD Clinical Support Tool will generate a 'RAG' rating. The 'RAG' classifications can be found below.

Please ensure that context is given to each of the DSD Clinical Support Tool categories to include Risk of Admission.

Red – These are individuals with an **imminent risk of inpatient admission/residential placement/breakdown and potential application for a Mental Health Act assessment**. Where available, risk management should be supported with use of the Care Programme Approach (CPA). To manage risks and reduce likelihood of admission/residential placement, individuals would need immediate discussion and coordination with the multi-agency network and an Admission Avoidance Meeting would be called (in line with the Transformation of Care Agenda) with input from Commissioners, MDT professionals (health/education/social care) and the individual and parents/carers as appropriate. The purpose of the meeting is to formulate plans to reduce risk or to provide an opportunity for community services to suggest how they could implement more intensive support, to try to avoid admission to inpatient services/residential placement. For areas with intensive support services, these teams would be actively involved in the case. Inpatient services would be made aware.

Amber – These are individuals where there is a **potential risk of inpatient admission/residential placement**; however, risks can be managed in the community

with well-coordinated multi-disciplinary input. An MDT meeting will be called and formulation-based interventions derived to support the individual. All care plans and risk assessment documentation should be reviewed and updated. Where available, intensive support teams will be notified of concerns and, if used, CPA will be initiated. The team manager will liaise with Commissioners at this stage to make them aware that a person's risk of admission is escalating and a pre CTR/CETR may be required.

Green – These are individuals that require input from the Community Learning Disability Services or CAMHS-LD or Autism Teams. Individuals may have historic risks in relation to hospital admission such as previous admissions, previous contact with criminal justice system and previous highly specialist 52 week residential placements. Clinicians will continue their pieces of work and risk interventions as usual. There will be a lead professional, person-centred care plans, and regular MDT meetings. It is suggested that all adults, children and young people using community learning disability teams and CAMHS-LD and autism teams are RAG rated with the majority therefore on 'green' ratings.

Dynamic Support Database Clinical Support Tool (CYP) - Guidance

Guidance for completion

- Fill out or, preferably, support the Child or Young Person to provide their consent.

Support with questions:

1. **Type of accommodation.** Insert the accommodation the CYP lives in.
2. **Name of current providers.** Insert the name of the current providers that supports the CYP.
3. **Deprivation of Liberty (DoLS).** If your CYP has a DoLS in place to provide a framework for any restrictions they are placed under, select 'yes'. If they do not have a DoLS in place, select 'no'. (DoLS can be applied for if YP are in hospital where the MHA is not used, or are in residential care or have Court of Protection Order in place in supported living).
4. **Is the CYP of Child in Need (CIN), Child Protection (CP), or Looked after Child (LAC) status?** If the CYP is only on a CIN plan due to having a LD then this should be selected as No, i.e. no safeguarding concerns or respite is stable. Yes, No, NA
5. **Any significant life events in the last 6 months? If so please specify details.** If there has been a recent life event that has led to your CYP being destabilised and at increased risk of admission - select 'yes' (recent bereavement, parental divorce, significant transition, significant trauma, deterioration in parental mental health status etc.). If this has occurred, provide brief details in the adjacent box (score 2).
6. **Does the CYP have an unstable or untreated mental health condition?** If the CYP is currently struggling with an untreated or unstable mental health, answer 'yes'. Examples include someone with psychosis becoming actively psychotic, someone with bipolar experiencing mania, high levels of anxiety or OCD etc. If your CYP does not have a mental health diagnosis or if their mental health is currently being well managed, select 'no' (score 3).
7. **Does the CYP have an unstable or untreated physical health condition?** If your CYP is currently struggling with an untreated or unstable physical health, answer 'yes' if increasing risk of hospital admission. This also includes undiagnosed physical health conditions that are currently being investigated. Examples include someone who has elimination problems, obesity,

uncontrolled diabetes, uncontrolled epilepsy or physical health problems, which are not possible to assess, due to severe noncompliance etc. If your CYP does not have physical health concerns or if their physical health is currently being well managed, select 'no' (score 3).

8. **Has the CYP had previous admissions in the last two years?** If the CYP you are working with has had an admission to a mental health inpatient unit or a Learning Disability Assessment & Treatment (LD A&T) admission or similar (e.g. emergency respite), please select 'yes'. If they have not had an admission or if the admission is around physical health, please select 'no' (score 1).
9. **Date of admission:** If you have stated that the CYP you work with has had admissions, please give the dates. If they have had more than three recent admissions, give details of the last three.
10. **Does the CYP present significant behavioural challenges?** Most CYP that are seen in the team will have some behaviours that can be a challenge for others at times. This question however refers to whether the CYP you are working with is currently presenting behaviours that are a significant challenge and are causing significant concern to you or those involved increasing chance of hospital admission, for example if the CYP has assaulted people, is starting fires or has destroyed their property to a concerning degree, is engaging in self-injurious / behaviours of significant severity. If this is the case, select 'yes' and provide details in the adjacent box. If this is not the case, select 'no' (score 3).
11. **Is the CYP being supported in an unstable environment or by a changing staff team?** If the CYP you are working with is in an unstable environment, select 'yes'. Examples of an unstable environment can include home, school, college or residential placement. If, for instance, they are living in a chaotic environment or they are in receipt of support where the relational, physical and/or social environment does not meet needs, where it is leading to significant concerns or parents/carers have shared concerns that they are no longer able to meet the CYP's needs and it is increasing risk of hospital admission, select 'yes'. Then provide details in the adjacent box. If their environment is stable or if it is not a significant concern at the moment, select 'no'. See environmental check list on DSR web page. (Score 3).
12. **Is the CYP previously known to LD-CAMHS/CAMHS?** If the CYP you are working with has been known to LD-CAMHS/CAMHS select 'yes'. If not, select 'no'.

13. **Is the CYP in contact with the criminal justice system?** If the CYP you are working with is involved in the criminal justice system for relating to an offence/s that increases risk of hospital admission under part 3 or part 2 of the MHA, select 'yes'. For example, if they are being investigated by the police, in youth custody or awaiting court appearance/date, select 'yes'. If there is no forensic involvement, select 'no'. If selecting yes here please do not score it in the life events section. (Score 2).
14. **Has the CYP presented in crisis at either: Accident and Emergency, or Emergency Social Care Provision in the last month?** If the CYP you are working with has presented to A&E in the last month in relation to an issue that impacts on an admission to a mental health or LD A&T bed, select 'yes'. If not, select 'no'. (Score 2).
15. **Does the CYP have family carers/advocates?** Does the CYP you are working with have a family carer or advocate to promote their views? If so, select 'yes' and provide the details of who this relates to in the adjacent box.
16. **Does the CYP have a history of Drug or Alcohol misuse in the last two years?** If the CYP you are working with is known to have had a significant problem with alcohol or drug use that impacts on risks that increase risk of hospital admission, select the relevant option. If they have had difficulties with both drugs and alcohol, select 'both'. (Score 2)
17. **Has the transition from LD-CAMHS/CAMHS to CLDT/AMHT started and if so has it been effective?** Yes, No, NA (Score 1)
18. **Is the CYP placed in a specialist 38 or 52 week residential school or other specialist educational provision?** If the CYP you are working with is in a specialist 38 or 52 week residential school, select 'yes'. If not, select 'no'. (Score 1).
19. **Has the CYP recently left a residential school in the last 2 years?** If the CYP has recently left a residential school in the past two years then select 'yes', if not, select 'no' (Score 2).

The answers given will provide a score in the 'rag rating' section.

0-4 – green
5-7 – amber
8+ - red

Please inform the service user's GP if the person's RAG rating colour changes.

Dynamic Support Database Clinical Support Tool (Adult) Guidance

Guidance for completion

- Ensure Consent to refer the Service User on to the Register is gained.

Support with questions:

1. **Type of accommodation.**
2. **Name of current provider.**
3. **Deprivation of Liberty (DoLS).** If your client has a DoLS in place to provide a framework for any restrictions they are placed under, select 'yes'. If they do not have a DoLS in place, select 'no'. (DoLS can be applied for if people are in hospital but not under the MHA or are in residential care)
4. **Court of protection.** If your client is under a court of protection ruling to provide a framework for any restrictions they are placed under, select 'yes'. If they do are not under court of protection, select 'no'. (The Court of Protection may be used to ensure restrictions are in a person's best interest if they are in supported living or their own home)
5. **Any significant life events in the last 6 months? If so please specify details.** If there has been a recent life event that has led to your client being destabilised and increasing the risks related to hospital admission (recent bereavement, divorce, sexual assault, change in key relationships, change in key support). If this has occurred, provide brief details in the adjacent box. (score 2)
6. **Does the person have an unstable or untreated mental health condition?** If your client is currently experiencing a decline in their mental health, answer 'yes'. Examples include someone with psychosis becoming actively psychotic, someone with bipolar experiencing mania depression, high levels of anxiety or OCD etc. that increases the risk of hospital admission. If your client does not have a mental health diagnosis or if their mental health is currently being well managed, select 'no'. (Score 3)
7. **Does the person have an unstable or untreated physical health condition?** If your client is currently experiencing physical health issues for which they are having active treatment or undergoing investigation that impact on the risk of hospital admission - answer 'yes'. Examples include someone who has uncontrolled diabetes or who has recently being told they have a terminal illness etc. If your client does not have physical health concerns or if their physical health is currently being well managed, select 'no'. (Score 3).

8. **Has the person had previous admissions in the last 2 years?** If the person you are working with has had an admission to a mental health inpatient unit or a Learning Disabilities Assessment & Treatment admission or similar, please select 'yes'. If they have not had an admission or if the admission is around physical health, please select 'no'. (Score 1).
9. **Date of admission:** If you have stated that the person you work with has had admissions, please give the dates. If they have had more than three recent admissions, give details of the last three.
10. **Does the person present significant behavioural challenges?** Most people that are seen in the team will have some behaviours that can be a challenge for others at times. This question however refers to whether the person you are working with is currently presenting behaviours that are a significant challenge and are causing significant concern to you or those involved/parents/carers and increase the risk of hospital admission, for example if the person has assaulted people, is starting fires or has destroyed their property to a concerning degree, presents with significant self-harm. If this is the case, select 'yes' and provide details in the adjacent box. If this is not the case, select 'no'. (Score 3).
11. **Is the person being supported in an unstable environment or by a changing staff team?** If the person you are working with is in an unstable environment, select 'yes'. Examples of an unstable environment can include home, college or day occupation or work. If, for instance, they are in unsuitable accommodation, or they are in receipt of support where the relational, physical and/or social environment is not meeting their needs to a point where it is leading to significant concerns or if they have been given notice of eviction or family home breakdown is increasing the risk of hospital admission, select 'yes'. Then provide details in the adjacent box. If their environment is stable or if it is not a significant concern at the moment, select 'no'. See environmental checklist on DSR web page. (Score 3)
12. **Is the person previously known to a Community Learning Disability Team (CLDT) or Autism Team or Mental Health Teams?** If the person you are working with has been known to a community team previously, select 'yes'. If not, select 'no'.
13. **Is the person currently in contact with the criminal justice system?** If the person you are working with is involved with criminal justice team for an offence/s that increase risk of hospital admission under part 2 or part 3 of the MHA, select 'yes'. For example, if they are open to the forensic team, being investigated by the police, in prison or awaiting a court appearance/date, select 'yes'. If there is

no forensic involvement, select 'no'. if selecting Yes here please do not score it in life events section. (Score 2)

14. **Has the person presented in crisis at Accident and Emergency in the last month?** If the person you are working with has presented to A&E in the last month in relation to an issue that may lead to an admission to a mental health or LD A&T bed, select 'yes'. If not, select 'no'. (Score 2)
15. **Does the person have family carers/advocates?** Does the person you are working with have a family carer or advocate to promote their views? If so, select 'yes' and provide the details of who this relates to in the adjacent box.
16. **Does the person have a history of Drug or Alcohol misuse in the last 2 years?** If the person you are working with is known to have had a significant problem with alcohol or drug use that increases the risk of hospital admission, select the relevant option. If they have had difficulties with both drugs and alcohol, select 'both'. (Score 2)
17. **Was the person's transition from children's services effective in the last 12 months?** If your client has transitioned from child services in the last 12 months and this was effective, select 'yes'. If it was not an effective transition and led to significant concerns, select 'no'. If your client did not transfer in the last 12 months, select 'not applicable'. (Score 1)
18. **Is the person placed in a specialist 52 week residential school?** If the person you are working with is in a specialist 52 week residential school, select 'yes'. If not, select 'no'. (Score 1)
19. **Has the person been discharged from a long stay in hospital in the last 2 years?** A long stay is considered to be 6 months or more. If so, select 'yes', if not, select 'no'. (Score 2)

The answers given will provide a score in the 'rag rating' section.

0-4 – green

5-7 – amber

8+ - red

Please use the DSD Clinical Support Tool for Risk Rating and record as per your organisation's policy. DO NOT FORWARD TO THE DSR TEAM.

