

Know how we're working,
know who can help

About the NHS app

How the NHS app can help you with your health and care
2022



What is the NHS app?



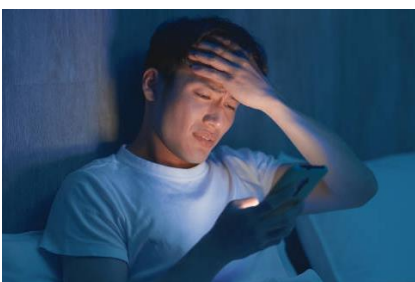
The **NHS app** is here to help you.



An **app** is a programme that you can have on your mobile phone or tablet to help you do something.



The NHS app can help you with your health and care needs.



You can use the NHS app **wherever you are, at any time of the day or night.**



You can use the NHS app to access a lot of different NHS services.



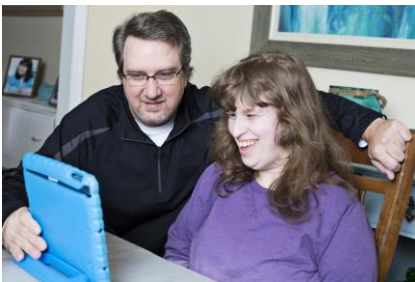
The NHS app gives you **more choice and control** over your health and care.



The NHS app is **secure, safe and private**. No one else can see your information on the NHS app.



You can only access the NHS app using **login details** like your email address and a password. Keep these details safe.



You can share your login details with a parent or carer if you want to.



The NHS app is available for anyone aged **13 or above**.

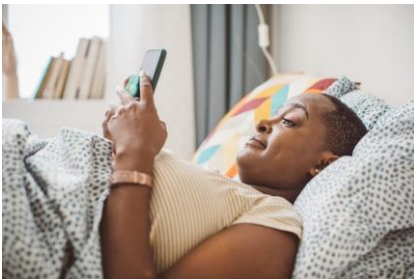
What can you do on the NHS app?



You may be able to book or cancel your GP appointments.



This means you do not have to call your GP surgery to book or cancel appointments. This gives you more choice and could save you time.



You can view your health records safely and at any time.



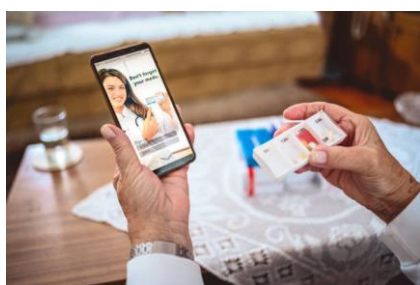
This can help you find information about your health quickly and easily.



You can order repeat prescriptions for your medicines.



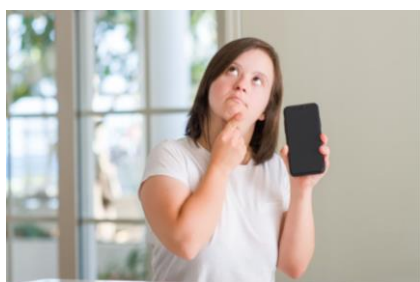
This means you do not have to call the doctor's surgery every time to order your medicines.



You can see the medicines you take, and order more when you need them.



You can choose which pharmacy you want to collect your medicines from.



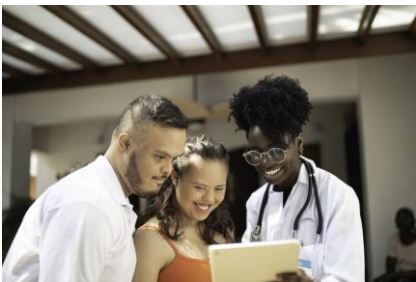
You can check your symptoms if you are not sure what to do.



The app will give you advice about what might be wrong and what to do next.



You can say if you want your organs to go to someone else who needs them after you die.



The NHS app is a quick and easy way to record what you want to happen.



You can get information about your COVID-19 travel pass and your COVID-19 vaccinations.



It is easy to find your COVID-19 travel pass on the NHS app. You can save a copy to your phone.



You can also ask for the travel pass to be posted to you.



To find out more about how to access your care, please visit our website:

bit.ly/know-your-gp-surgery