

Dynamic Support Register Newsletter

Experts by Experience and parent /carers

Mar 2025

What is the Dynamic Support Register (DSR)?

The Dynamic Support Register or DSR is a register of any one of any age, with a learning disability, or autism or both, who are at risk of an admission to a mental health hospital or tier 4 CAMHS hospital admission. The purpose of the DSR is to pull together teams around the person to avoid this where it is not necessary. The DSR will co-ordinate meetings to ensure all services are communicating with each other, where this is not already happening, and the person and where appropriate their parents/carers. The DSR team can seek feedback from services on behalf of people on the DSR. Professionals can refer people to DSR and people can also self-refer to the DSR via phone, email or through the portal on the website.

What do the ratings mean?

People on the DSR are given a RAG rating.

We rate people based on the level of risk of admission to a mental health or specialist hospital.

- Blue is for those people in a mental health hospital
- Red would indicate immediate risk of admission
- Amber is very risk of admission without community services in place
- Green is high level of risk of admission but has teams in place.

For more detailed information please see the website:

[Dynamic Support Register - Staffordshire and Stoke-on-Trent, ICS](#)

Or scan the QR code below



Other Meetings Facilitated by the DSR Team

Another source of support the DSR team can offer to people on the DSR (and their family and professional networks) are meetings called - Meetings by Exception (MbE). MbEs are held to bring agencies together for a variety of reasons, where possible teams should endeavour to hold a MDT or professionals meeting in the first instance.

Over the last two years, the number of requests for the DSR Team to organise MbEs has grown considerably. Because of this, we need to ask people who wish to request MbEs to use the following process:

1. Please send request to the shared email in box
Dynamicsupportregister@mpft.nhs.uk
2. Subject heading: MbE request
3. In the body of the email please include
 - full name of individual (we do not have access to any clinical systems)
 - purpose of the meeting
 - who to invite including individual and or parent/carer information.
 - Why a MDT (without the DSR Team) isn't being taken forward

Consent

The DSR is a consent based service. We must have consent from the person or if they lack capacity best interest decision in order to be put on the DSR. Where the person is under 16 parents or guardian can do this on behalf of the young person. Consent to be on the DSR needs to be renewed annually.

Request for feedback for Website

If you have used the DSR and are able to provide a written account of your experience so we can use this to help others understand the DSR please email by 10/4/2025 to:

dynamicsupportregister@mpft.nhs.uk

All your information will be kept anonymous and may be used on the website. We plan to use actors with lived experience to read out the feedback for the website.

Recent events:

We have attended the together we thrive events at County Showground Stafford and Kings Hall in Stoke on Trent to speak to young people and families about the DSR.

If you know of any other events that you feel would be helpful for us to attend either face to face or virtually please get in contact with the team.