

## Dynamic Support Register Newsletter

July 2025

Experts by Experience and parent /carers

### Dynamic Support Register (DSR) – What Is It?

The **Dynamic Support Register (DSR)** aims to help stop people with learning disabilities and/or autism from going into mental health hospitals when they don't need to.

It's for people who might be at risk of:

Going into a mental health hospital

Losing their current home or care placement.

People can choose if they want to go onto the DSR or not.

When people are on it, the DSR helps to bring together the right people and services to support a person in their community.

### Important to know:

- The DSR does not give direct help or respond to emergencies.
- It can't help people skip waiting lists.
- It's not the right service if the main problem is getting an Education, Health & Care Plan (EHCP).

You can learn more on the website:

[Dynamic Support Register - Staffordshire and Stoke-on-Trent, ICS](#)



Or scan the QR code



## Other Meetings Facilitated by the DSR Team

Another source of support the DSR team can offer to people on the DSR (and their family and professional networks) are meetings called – Meetings by Exception (MbE).

MbEs are held to bring agencies together for a variety of reasons, where possible teams should endeavour to hold a MDT or professionals meeting in the first instance.

Over the last two years, the number of requests for the DSR Team to organise MbEs has grown considerably. Because of this, we need to ask people who wish to request MbEs to use the following process:

1. Please send request to the shared email in box [Dynamicsupportregister@mpft.nhs.uk](mailto:Dynamicsupportregister@mpft.nhs.uk)
2. Subject heading: MbE request
3. In the body of the email please include:
  - full name of individual (we do not have access to any clinical systems)
  - purpose of the meeting
  - who to invite including individual and or parent/carer information.
  - Why a MDT (without the DSR Team) isn't being taken forward

## Other News:

### Events:

The DSR team has been to events like *Together We Thrive* in Stafford and Stoke-on-Trent to talk to young people and families.

If your group in Staffordshire would like a visit or a talk from the DSR team, please email: [dynamicsupportregister@mpft.nhs.uk](mailto:dynamicsupportregister@mpft.nhs.uk)

### Special Meetings – Meetings by Exception (MbE)

Sometimes, it can be hard to get all the right people together to help someone. When this happens, the DSR team can set up a special meeting called a **Meeting by Exception**.

These meetings:

- Are held online using Microsoft Teams
- Bring together different services to talk and make a plan
- Can include the person and their parent or carer

After the meeting, a plan is made to help the person. This plan is checked every two weeks to make sure things are moving forward.

If you are invited to one of these meetings, we will send you some information before it happens. You can also ask us any questions you have.

### DSR in Numbers

- Around **300 people** in Staffordshire are on the DSR.
- There are about the same number of children and adults.
- People are supported across both the North and South of the county.