

# Your experience matters

Help improve maternity  
and neonatal care

Have you had a baby at  
Royal Stoke Hospital?

Are you pregnant now?

Have you used the neonatal unit?

**We would really like to hear  
from you.**

Tell us what went well or what  
could be better.

Your feedback helps us improve  
maternity and neonatal services  
for local families.

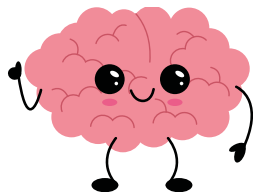
**Find out more**

Scan the QR code or visit  
[www.staffsstokeyics.org.uk/mnvp](http://www.staffsstokeyics.org.uk/mnvp)



**Share your experience. Get involved. Volunteer with us.**

# Making decisions about your care?



**B** **Benefits:** What are the benefits and how will they affect me and my baby?

**R** **Risks:** What are the risks this is trying to prevent and how will they affect me and my baby?

**A** **Alternatives:** Is there anything else we could try?

**I** **Intuition:** How do I feel about this? What does my "gut" tell me?

**N** **Nothing:** What if I decide to do nothing and wait and see? What happens next?


When you need to make a decision about your care, your doctor or midwife are required to help you make a decision that is right for you.



 Always ask for more information if you need it.

You can refuse any suggested treatments or interventions, even if you are going against medical advice.



 Always ask for more time if you need it and feel free to discuss it with your friends and family before making a decision.

Risks should be explained in a way that makes sense to you, such as a percentage e.g 1%.

