



# Health Passport Guide

## What is the Health Passport and who is it for?

The Staffordshire and Stoke -on-Trent Health Passport is a document for anyone with a learning disability, learning difficulty or autism. The Health Passport records important information about a person and their healthcare needs. It will help them get the best care – if and when they need it.

## What are the benefits in having a Health Passport?

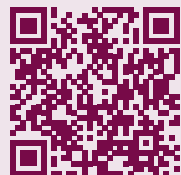
- To support the person you care for to manage their healthcare needs
- To give you access to vital information about their healthcare needs
- To communicate their specific health and personal needs to NHS staff if they need to go to the hospital, GP surgery or to any healthcare setting.

## Where can I get a Health Passport?

You can download and print a Health Passport for someone you care for from:

[www.staffsstokeics.org.uk/health-passport](http://www.staffsstokeics.org.uk/health-passport)

You can also contact our communications team to get one [ssotics.comms@nhs.net](mailto:ssotics.comms@nhs.net)



## How is the Health Passport filled out?

You can help the person you care for to fill out this document. It is important that you provide as much information as possible and that it is kept up to date.

## Do I need to update the Health Passport?

**Yes**, it is important to regularly check if any updates are needed. You don't need to reprint the whole document – you can print the page(s) that need to be changed.

### Here are some examples of when the Health Passport needs to be updated:

- ✓ Any change to their personal information such as contact details or address
- ✓ Changes to their GP surgery
- ✓ Has a new carer or emergency contact
- ✓ Changes to medications
- ✓ Changes to health conditions
- ✓ Changes to communication preferences
- ✓ Changes to personal care preferences
- ✓ Any other changes that health and social care staff need to be aware of.

## Where should I keep the Health Passport?

The Health Passport should be kept safely at home. It should be brought to every healthcare appointment to help staff understand the needs of the person. The Health Passport should be brought home after each appointment.

## Where can I get more information?

For more information on the Health Passport and to find useful guides, visit: [www.staffsstokeics.org.uk/health-passport](http://www.staffsstokeics.org.uk/health-passport). You can also get to this website by scanning this QR code with your smartphone.

