

Having a problem with your hearing?

You may be able to self-refer to NHS audiology (hearing) services

If you live in Staffordshire and Stoke-on-Trent, we're making it easier for you to access NHS hearing services without having to see your GP first.

Always visit your GP first if:

- You have sudden or rapid hearing loss, persistent pain, vertigo (feeling like you or the environment around you is moving or spinning).
- You have tinnitus (e.g. internal sounds in the ear) in one or both ears lasting for more than five minutes at a time, or that is in time with your heartbeat/pulse, or that is severe enough to disturb your sleep.
- You are worried about your child's hearing.

If you are not eligible to self-refer, or cannot access the self-referral form, you can still visit your GP to get referred.

**To check if you are eligible
to self-refer, and for more
information, visit:**

[staffsstokeics.org.uk/
audiology-self-referral](https://staffsstokeics.org.uk/audiology-self-referral)

